

DID YOU KNOW?

The Priest's Vestments and Their Meaning During Mass

AMICE

A white cloth worn around the shoulders. It recalls the veil placed over Christ's face and symbolizes the helmet of salvation.



STOLE

The long band worn around the neck. It signifies priestly authority and the yoke of Christ.



ALB

The long white robe. It symbolizes purity and the baptismal garment.



CHASUBLE

The outer vestment worn over the alb and stole. It symbolizes charity and the priest's role in offering the Holy Sacrifice of the Mass.



CINCTURE

The cord worn around the waist. It symbolizes chastity, self-discipline, and readiness for service.



MANIPLE (Traditional Latin Mass)

A band worn on the left forearm. It symbolizes labor, sacrifice, and the sorrows borne in service to God.



Each vestment has a practical use, a spiritual meaning, and a connection to the sacred mysteries celebrated at Mass.